Embassy of India
Tokyo
在日インド大使館
Tokyo
Vivekananda Cultural Centre
インドリア・カルチュアルセンター（VCC）

Cordially Invites You to a Talk & Movie on

Yoga: an Ancient Vision of Life

by Benoy K Behl

Date: 17 March 2015

Programme:
14:50hrs Door Opens
15:00hrs Opening Remarks by Ambassador
15:05hrs Talk by Mr. Benoy K Behl
15:20hrs Yoga Demonstration
15:25hrs Movie (Yoga: an Ancient Vision of Life)
15:58hrs Q & A Session
16:18hrs Programme Concludes

FREE Admission/

The Embassy of India has decided to organize this talk on yoga as the United Nations has decided to celebrate June 21 as International Yoga Day. Mr. Benoy K Behl is renowned Indian Historian, Photographer, Buddhist Scholar and a Documentary film-maker who often travels to Japan and engaged in studies of Indian deities worshiped in Japan. Mr. Behl has made documentary titled “Yoga: An Ancient Vision of Life” which features one of the last interviews of pre-eminent yoga guru Late B.K.S. Iyengar and showcases yoga as a spiritual path and not a form of physical exercise. The film has been shot across India, Germany and the United States, and features interviews with leading practitioners and scholars of yoga.

RSVP: Mr. Nao Ono

Venue: VCC Auditorium, Embassy of India
2-2-11 Kudan Minami, Chiyoda-Ku, Tokyo 102-0074
東京都千代田区九段南2-2-11（千鳥ヶ淵）
Phone: 03-3262-2397 Extn 410 Fax: 03-3263-5285
email: icc@indembassy-tokyo.gov.in

Please confirm your attendance prior to 13 March 2015

Note: Large bags, Cameras, Recording equipment and Food & Drinks are NOT allowed inside the Auditorium.

大型のバッグ、カメラ、録画機能のついた機械 の持ち込みはお断りしております。