First International Day of Yoga
Organized by the Embassy of India, Tokyo

Main Event
On June 21, 2015 at Taimei Elementary School in Ginza
from 0915 - 1130 hrs

Yoga Events in Tokyo in association with partner organisations

Event 1 - Rainbow Park Dance Yoga by Discover India Club on 21 June at 1400 - 1600 hrs in Yokohama Rinko Park (coastal side of Pacifico Yokohama).
Event 2 - International Day Yoga Work by Japan-India Women’s Forum (Corporation) on 21 June at 1000 - 1200 hrs in Yokohama Kannai Sakura Works.
Event 3 - Yoga Mudra International Yoga Day Work by Yoga Mudra Committee on 21 June at 0830 - 1000 hrs in Aobadai Yoga Studio, Yokohama.
Event 4 - Yoga Session at Tokyo Tower main observatory by Yoga Organization on Japan 21 June at 1900 hrs ~ in Tokyo Tower.
Event 5 - Yoga Session at Tsutaya Book Store by Yoga Organization of Japan on 21 June in Futakotamagawa, Tokyo.
Event 7 - Yoga Session by The Yoga Therapist Organization on 21 June in 47 prefectures in Japan.
Event 8 - Anniversary of the International Yoga Day by Positive Inc. on 21 June at 1000 - 2100 hrs in Courtyard Hiroo, 4-21-2 Nishi Azabu, Minato-ku, Tokyo.
Event 9 - Event to commemorate IDY by Indian Commerce & Industry Association (ICIJ) on 19 June at 1800 - 2030 in Embassy of India, Tokyo.
Event 10 - Surya Namaskar Yoga by Vedaplus Yoga Studio on 21 June at 1000—1115 hrs in Vedaplus Yoga Studio, 3-10-9-201, Sansui Heim, Motoazabu, Minato-ku, Tokyo.
Event 12 - Art of Living International Yoga Day Celebration by Art of Living on 21 June at 0700 - 0930 hrs in India International School in Japan.
Event 13 - Start of Nakano Yoga Class to commemorate the “International Day of Yoga” by Chiga Co. on 21 June at 1300 ~ in Nakano.
Event 14 - Yoga and Unity by Brahma Kumaris on 21 June in Togoshi Hachiman Shrine, Shinagawa.
Event 15 - Yoga and Unity by Brahma Kumaris on 28 June in Togoshi Hachiman Shrine, Shinagawa.
Event 16 - Tsutaya Yoga by The Yoga Organization of Japan on 21 June at 1915 - 2045 hrs in Tsutaya Electrical Store, Futakotamagawa.